ADMINISTRATIVE CIRCULAR NO. 219

Office of Leadership and Learning

SAN DIEGO UNIFIED SCHOOL DISTRICT

Date: August 27, 2021

To: Senior High School Principals

Subject: YOUTH RISK BEHAVIOR SURVEY

Department and/or

Persons Concerned: Principals

Due Date: December 10, 2021

Reference: None

Action Requested: Complete surveys by December 10, 2021

Brief Explanation:

As part of a cooperative agreement with the Centers for Disease Control and Prevention (CDC), all senior high schools are required to complete the Youth Risk Behavior Survey (YRBS) conducted by the Sexual Health Education Program (Department of Interscholastic Athletics, APE, ASB, JROTC, PE & SHEP).

The YRBS was developed by CDC and is the primary instrument used nationwide to gather health information about adolescents. The survey includes questions concerning the academic, mental, and physical effects due to COVID-19; protective factors; adverse childhood experiences; health education; alcohol, nicotine, and other drug use; intentional and unintentional injuries; and sexual behaviors that may lead to HIV/STI transmission and unintended pregnancy. The YRBS is an important component in the development of programs that promote healthy behaviors in young people and has been implemented district-wide for the past thirty years. For additional information, please go to www.sandiegounified.org/YRBS.

Per CDC, the YRBS must be conducted in an in-person classroom setting within the 2021 calendar year. The 2021 survey was delayed due to the 2020-2021 school year's online learning environments; therefore, per CDC requirements the 2021 YRBS will be conducted at the beginning of Fall Semester, from September 27–December 10, 2021. A small number of classes (between 2-8 classes per high school) including grades 9-12 will be randomly selected by a CDC-generated algorithm. Our program will collaborate directly with the selected classroom teachers to implement these surveys, and your site will receive a copy of the 2021 YRBS questionnaire for parents to preview.

Please contact SHEP Resource Teacher Rachel Miller at <u>rmiller@sandi.net</u> for additional information about the YRBS.

Scott Giusti Director of Interscholastic Athletics, ASB, JROTC, PE & SHEP

APPROVED:

Erin Richison Area Superintendent ISS